

Creative Rhythm & Movement for Differently ABLED Children



Have Fun while Learning!

**Where: The Glens Falls Ballet and Dance Center located at 413 Bay Road,
Queensbury, NY 12804**

**Who: A Creative Rhythm & Movement Class for Boys & Girls ages 5-10 with
special needs. (A maximum of 8 students)**

When: 4:00pm – 4:45pm, Fridays <http://glensfallsballetanddance.com/schedule.html>

The Creative Rhythm & Movement Curriculum will focus on: Following Instruction, Rhythm, Creativity, Strength, Endurance, Coordination and Flexibility. This curriculum reinforces and teaches: Motor Planning, Discovering Space, Body Awareness, Socialization and Attending to Task, all in a naturalized setting.

- Warm-ups
- Bean Bag Rock (promotes timing, motor planning, listening)
- Animal Walks (strength & endurance)
- Snap & Clap (rhythm, motor planning, attend to task, socialization)
- 'Social Dances': 'Chicken Dance'; 'Slide Dances' etc (assists with patterning & socialization)
- 'Improv': A feeling, object or situation is acted out (body awareness, creativity, labeling)
- Free Dance & Freeze Dance (fun & listening)

Our Goal is to offer the same musical theater & arts opportunities that a neuro-typical peer is offered, in an environment conducive to the special needs of our students. We plan to 'show off' what we have learned at the Glens Falls Dance and Ballet Recital May 25-27, 2012. This is a trimester dance schedule: Classes Begin 9/12, however, sign up can be conducted through out the year. During 2nd trimester students & parents will be asked if they wish to participate in the Spring Recital – this information will allow us to make dance routine & costume plans.

Faculty/Instructor, *Rachel Seebode*
Parent Volunteer, *Lisa Meditz*
Student Volunteer, *Mckenna Meditz*

To Register, please call: 793-9201

Students may wear loose, comfortable clothing, bare feet or socked feet

*** Note: Future of this class will be determined by interest**